

POLICE SOCIAL WORK NEWSLETTER

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MEET A PSW

Sydney Kunz, LCSW works with Crystal Lake, Prairie Grove & MCC police departments. She has been in the field for the last seven years working at a domestic violence shelter, a residential facility, Centegra's Behavioral Health floor and as a trauma therapist/family advocate at the Children's Advocacy Center in Hoffman Estates. She received her bachelor's in social work from Northern Michigan University and her master's in social work at the University of Illinois at Chicago. She has had many family members who are 1st responders in Illinois and Wisconsin. She enjoys all things true crime and knows too much about serial killers. Self-care for Sydney looks like hanging out with friends and family, walking her dogs, and watching reality tv.

PSW UPDATE

- PSW Kunz, Rauch & Kristufek presented at Algonquin PD's Roll Call on how to fill out Involuntary Petitions. If you'd like your agency to receive a training on this topic or any others meet with your PSW.

- The Police Social Work Division attended People In Need Forum at MCC. They presented on the program on top of learning about many different important topics

- PSW Keegan had a success story with Marengo PD & MCSO. A family was in crisis, and needed to find shelter, due to order of protection. PSW Keegan and team worked together to get individual to Rockford. Process went smoothly and minimized future police involvement.

SELF-CARE CORNER

Four Causes of Stress that can impact your everyday.

Life Threat: A traumatic injury due to experience of death-provoking terror, horror, or helplessness.

Loss: A grief injury due to the loss of a cherished person, things, or parts of oneself.

Inner Conflict: A moral injury due to behaviors or the witnessing of behaviors that violate moral values.

Wear & Tear: A fatigue injury due to the accumulation of stress from all sources over time without sufficient rest and recovery.

CopLine:

800-267-5463



HARVARD PD STATISTICS (JAN-FEB)

Total Referrals:
12

Top Referral Reason:
Mental Health

Top Officer Referral:
Kohn (2), Macko (2), and Det
See (2)

Total Division Referrals:
121

PARTICIPATING POLICE DEPARTMENTS

- | | |
|----------------------|--------------------|
| * Algonquin PD | * Bull Valley PD |
| * Cary PD | * Crystal Lake PD |
| * Fox River Grove PD | * Harvard PD |
| * Johnsburg PD | * Lakewood PD |
| * Marengo PD | * McCullom PD |
| * MCC PD | * MCCD PD |
| * MCSO | * Oakwood Hills PD |
| * Prairie Grove PD | * Richmond PD |
| * Spring Grove PD | * Wonder Lake PD |
| * Woodstock PD | |

