

**CITY OF HARVARD**  
**PARKS AND RECREATION DEPARTMENT**

***JULY 1ST, 2023***  
**FIRST AGE GROUP  
STARTS @ 8:00 AM**

**PARTICIPATION REQUIREMENTS**  
**20 MINIMUM / 60 MAXIMUM**

**[CLICK HERE TO REGISTER](#)**

**REGISTRATION ENDS: JUNE 16TH, 2023**

**\$20**  
**PER PERSON**  
**(RESIDENT)**

## **JUMP ON IN!**

Join us for our first City of Harvard  
Splash and Dash event designed to  
introduce youth to the fun and  
exciting multisport world while in a  
safe atmosphere.

### **DISTANCE BY AGE GROUP**

1 LAP AT POOL IS 25 METERS

<b><u>AGE GROUP</u></b>	<b><u>RUN</u></b>	<b><u>SWIM</u></b>	<b><u>START TIME</u></b>
YOUTH 7-8	1.5 K	75 METERS	8:00 AM
YOUTH 9-10	1.5 K	100 METERS	8:30 AM
YOUTH 11-12	2.5 K	125 METERS	9:00 AM
YOUTH 13-15	2.5 K	150 METERS	9:30 AM

**POOL ADDRESS**  
**607 GALVIN PARKWAY**  
**HARVARD, IL**

### **How Splash and Dash Works:**

Participant's will start and run their distances through Lion's Park starting at the shelter by the pool. Participants will then transition into the swim which will take place at the Harvard Pool.

Participants are encourage to run and swim in appropriate attire for both portions of the event. Athletic shorts will be allowed as swim attire, but swimsuits are recommended. Lifejackets can be used for the swimming portion if needed.

If you don't have the ability to register online please contact the  
Harvard Parks and Recreation Department at

815-943-6468 option 2 extension 110 or email [knop@cityofharvard.org](mailto:knop@cityofharvard.org).