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Water Aerobics



THIS IS A 60 MINUTES CLASS
THAT FOCUSES ON STRENGTH
AND BALANCE.

THIS CLASS USES VARIOUS POOL
EQUIPMENT TO CREATE
RESISTANCE IN A LOW IMPACT
ENVIRONMENT.

10:00 AM - 11:00 AM
Tuesday's & Friday's

Session 1: June 13th - June 30th

Session 2: July 4th - July 21st

Session 3: July 25th - August 11th

Registration Fee Per Session:

Resident: \$40.00

Non-Resident: \$50.00

Participation Requirement: 6 Min / 18 Max

If you don't have the ability to register online please contact
the Harvard Parks and Recreation Department at 815-943-6468
option 2 extension 110 or email knop@cityofharvard.org.

